



## CNYFSC Summer Blast Tournament Rules and Regulations

### Administrative Rules

The following items must be submitted to the front desk prior to the first game. Your team will **NOT** be allowed to play unless these items are submitted. Teams **MUST** be paid in full prior to the first game.

- A. Payment
- B. CNYFSC liability waiver for **ALL PLAYERS**
- C. Roster of players

All rosters are final upon completion of the team's first game.

### Game Duration

Each 7v7 game will be **25 minutes** long. Each 9v9 game will be **30 minutes** long. CNYFSC referees will have the ability to add injury time based on their discretion.

### Number of Players

Each team will be allowed to have seven players on the field, which include 6 field players and a goalkeeper. The minimum number of players allowed to play the game is 4 players. If a team does not have enough players to field a team, the team will forfeit the game with a score 3-0.

### Equipment

All players **MUST** wear shin guards at all times on the field. Players may not wear metal studded cleats. Hard plastic or metal jewelry shall not be worn during the game, unless it is a medical necessity. Players with hard casts that are padded and wrapped are permitted to play if cleared by the referee.

### Point Scoring per Game

3 points for a win; 1 point for a tie and 0 points for a loss.

1 point for each goal scored (up to 3).

1 point for a shutout.

*(maximum points per game is 7)*

**FORFEITS:** A forfeit is scored as 3-0.

### Tiebreakers

Ties between two or more teams will be broken by:

- 1) Head to head results between tied teams
- 2) Fewest goals against in pool play
- 3) Goals scored
- 4) Goal differential
- 5) Sudden death shootout



## Play-Off Overtime

Teams will have a 5-minute golden goal overtime period. If the score is still tied, the winner is decided by shootout with 3 kicks from the mark from each team.

## Goal Kick

Per new FIFA policy, goal kicks do not need to leave the box to be in play. Attacking players may receive the ball in their own box, but defending players must be outside the box until the ball is touched.

## Free Kicks

Free kicks are indirect or direct. Opposing players shall be at least 10 feet away from the ball until it is put into play.

## Player Ejection (Yellow/Red Cards)

Yellow cards do not carry over game to game. Referees have the right to eject a player from the game for continual disobedience or as a result of an incident that warrants sending the player off. Based on CNYFSC policy, any red carded player must sit for the remainder of the game and will

be suspended for a minimum of one game. Each red card will be reviewed by CNY Family Sports Centre staff to determine whether the penalty deems an extended suspension for the offense.

## Offside

There **will** be **Offsides** for the 2024 CNYFSC Summer Blast.

## Goalkeepers

The goalkeeper has 5 seconds to release the ball from their hands. Goal kicks will be taken from the small goalkeeper box. Punting and drop kicks are not allowed.

## Substitutions

Substitutions for field players and goalkeepers may be made at any dead ball at the referee's discretion on an unlimited basis. If the goalkeeper is being substituted, you must inform and receive approval from the referee before making the change.

## Sportsmanship

**Per CNYFSC policy**, players, coaches and spectators are expected to act in the nature of good sportsmanship at all times. Abuse of the referees will **NOT** be tolerated. Any instance of such conduct will disqualify the responsible team from the event.

## Heading

Heading is allowed in U12 and older. There will be no heading in U11 and younger. In the case of combined age groups, the younger age group applies. (e.g. U11/12, no heading).

***Situations that do not address these rules and regulations will be made at the discretion of CNY Family Sports Centre staff.***