



CNYFSC Youth Outdoor Soccer Rules



PLAYING TIME:

7v7: 25 minute halves (50 minutes total)
9v9: 30 minute halves (60 minutes total)
11v11: 35 minute halves (70 minutes total)

FOULS AND VIOLATIONS:

The most current "FIFA laws of the game" shall govern all soccer competition, unless stated otherwise in these Indoor Soccer Rules.

BALL SIZE:

The ball shall be provided by the team listed first on the schedule and must be up to the satisfaction of the referee. For age groups U12 and below, the regulation ball size shall be size 4. For age U13 and above the ball size should be a regulation size 5.

FOULS AND VIOLATIONS:

The most current "FIFA Laws of the Game" shall govern all soccer competition, unless stated otherwise in these Rules.

HEADING:

Players U12 and up (2014 and up) are not permitted to head the ball during the game. Only age groups 13 and up are permitted to head the ball during the game. A direct free kick will be given at the point of the header.

KICK OFFS:

The ball may be put into play in any direction. A goal may be scored directly off the kickoff. To begin the game the Guest team will receive the opening kickoff and the Home team will receive the ball beginning the 2nd half of play.

Free Kicks:

All free kicks are direct. Opposing players shall be at least 10 yards away from the ball and cannot move towards the ball until it is put into play.

RED CARDS:

The red carded player must sit for the remainder of the game and will be suspended for a minimum of one game. Each red card will be reviewed by the CNY Soccer Referee Association and the CNYFSC Management to determine whether the penalty deems an extended suspension. The coach or manager is responsible for reporting the players name to the referee and front desk.

OFFSIDES:

Offsides will be called in 9v9 and 11v11. There is **NO** offsides in 7v7

UNWRITTEN RULES

Situations that do not address these rules and regulations will be made at the discretion of CNY Family Sports Centre Staff

GOALKEEPERS:

There shall be no punting in 7v7. Punting is allowed in 9v9 and 11v11. The goalkeeper has 5 seconds to release the ball from their hands. Goal kicks will be taken from the small goalkeeper box.

EQUIPMENT:

All players must wear shin guards at all times on the field and they must be fully covered for the safety of the other players. Players may not wear metal studded cleats. Hard plastic or metal jewelry shall not be worn during the game, unless it is a medical necessity. Players with hard casts that are padded and rapped are permitted to play if cleared by the referee.

SUBSTITUTIONS:

Substitutions for field players and goalkeepers may be made on any dead ball on an unlimited basis. The substitute player may not enter the field of play until the player being substituted is within 10 yards of the teams bench.

COACHES:

All teams must have a coach, manager or adult over the age of 18 on the bench always. **If a coach receives a blue or yellow card, he/she must take a player off the field for the appropriate amount of time.**

5 GOAL ADVANTAGE RULES:

When a team is ahead by 5 or more goals the opposing team may add an additional player to the field. This player may remain on the field until the game is tied.

SLIDE TACKLES:

Slide tackling is allowed in all 11v11 Leagues. There shall be no slide tackling by field players in our 7v7 & 9v9 leagues A field player may slide to play the ball IF an opposing player is not within a challenging radius. Goalkeepers can perform a slide tackle; however, this must occur within the penalty area. A direct free kick is awarded where infraction was made

ADMINISTRATION RULES:

All teams must be paid in full before the 3rd game. Management and referees will hold games until paid. Team managers will be held responsible if not paid. All rosters are to be turned in at 1st game. Changes can be made up until the 3rd game. Rosters require signature by all players. Players can only play for 1 team per division All Youth teams U6-U19 must have an Adult over 21 on the bench.

CANCELLATIONS AND RESCHEDULING:

The CNY Family Sports Centre will be OPEN regardless of the weather. We will post to our website at cnyfsc.com, Facebook, Twitter and some TV stations if the facility closes due to inclement weather. Coaches/Managers will be contacted informing them of any cancellations due to weather. Please do not contact us directly with calls inquiring about weather conditions. All scheduling and rescheduling requests must be made prior to the third game. Requests made after that may not be honored. If a team cannot make it to a scheduled game, they must take a forfeit. The opponent has the option to use the field for the scheduled time. Coaches/managers are responsible for communicating schedules, changes and cancellations to the team.

Age Group	U4-U6	U7-U10	U11-U13	U13-U19
# of Players	5v5 (4 & Goalie)	7v7 (6 & Goalie)	9v9 (8 & Goalie)	11v11 (10 & Goalie)
Size of Ball	Size 4	Size 4	Size 5	Size 5
Heading	NO	NO	YES	YES